

Mooretown Lady Flags 2020 / 2021

Process for Preparing for First Ice of the Session

Welcome back Lady Flags

1. Registration Payment & All forms at the following link must be completed and submitted online as instructed prior to coming to arena.

https://mooretownladyflags.ca/Public/Documents/owha screening.pdf

2. The following screening questionnaire must be printed and completed by all on ice participants (instructors & Players) and brought to the arena and given to the team COVID attendants at the entrance prior to entering the building. We will eventually be moving to a phone app tracking system when this system becomes available.

https://mooretownladyflags.ca/Articles/1588/Lady_Flags_Season_Upcoming_Season_Important_Info_/

Moore Sports Complex is currently allowing for 25 Participants & 6 parent volunteers per session

Participants

- Combination of 25 total players & Instructors (Part of Squad Staff) on the Ice
- 13 players approx. U9, U11
- 17 players approx. U13
- 4 to 6 Instructors approx. all age groups

Squad Volunteers

- 6 total allowed in arena (volunteer is 1 parent of each player).
- Squads Staff (Lead Instructor or Manager) will develop a schedule to rotate squad volunteers and what their role will be while volunteering for the team at each session
- Will help collect COVID screening forms at the arena's front door.
- Will help kids tie skates and snap helmets before ice session
- Will Help kids remove equipment and direct out of arena following flow
- Will ensure that all players receive safe exit & return to Guardian before the volunteer leaves the arena.

<u>Process For entering the Arena – All Sessions (12 steps):</u>

- 1. Ensure your player goes to the washroom prior to getting equipment on and arriving at arena. Players can get equipment on in parking lot if you wish. (skates, helmet, gloves can be carried into arena in small duffle bag) Ensure you have completed the screening questionnaire with the player prior to arrival, so its ready to hand in.
- 2. Please have child ready to enter the arena 15 minutes prior to your ice time. Any earlier and you may have to wait to enter, any later and you may not have enough time to get through the following steps to hit the ice on time.
- 3. Players and instructors need to enter the front doors in their gear, with their mask on. They may bring in a duffle bag with their skates, helmet and gloves. Goalies my bring hockey bags in, but must be partially dressed when entering arena as dressing room will not be private.
- 4. Once OWHA COVID screening form is handed in and approved for entry by Lady Flags COVID screener (volunteer), the Arena COVID screener will be inside the front doors and will screen all entering the building as well, including asking the kids some questions. Names will be documented for tracing purposes.
- 5. Once approved to move through, ice participants will need to go directly towards the dressing rooms.
- 6. Each squad will be given 3 dressing rooms for their ice session. Rooms 1 to 3 or Rooms 4 to 6. Players will be greeted by a volunteer or Instructor at the entrance from lobby to rink 1 and directed to their appropriate dressing room. Only 4 to 5 players U7 & U9 & 5 to 6 players U13 can be allocated to each room. There will be X's on the dressing room benches where the children must sit.
- 7. Only 8 participants will be permitted in each dressing room. 2 dressing rooms will be allocated to each group. In the dressing rooms will be X's for the participants to sit on and get their skates, helmet and gloves on.
- 8. The remaining volunteers will be outside of each dressing room and will be there to assist children. The maximum occupancy per room is 8 total in all rooms except room 5 where only 7 total is the maximum. Once screening volunteers are complete they must divide and help get the players ready.
- 9. Instructors will divide and stand outside each dressing room and get ready outside the dressing room. They can help volunteers get the players ready for ice time.
- 10. everyone wears masks until they enter the ice surface accept the kids can remove in dressing room once helmet is being strapped up. as they will maintain social distance in the room by staying on their X.

- 11. Players will wait in dressing room until the buzzer sounds. When it sounds, this will indicate its time for players to enter the ice. Instructors and players will enter ice and the 6 volunteers must move directly to stands and stand on north west side of the rink. The stands are marked to socially distance while watching. All participants must maintain 6 feet apart while in the arena and must stand in that designated area.
- 12. When Ice session is complete Volunteers can return back to the room they were managing and help players get ready to exit the building.

Sample Volunteer and COVID screener chart for each group to use:

		Family Name - Volunteers															
Date	Time	Gretzky		Lemieux		Yzerman		Bossy		Crosby		McDavid		Gilmour		Hextall	
		Cv	Rm	Cv	Rm	Cv	Rm	Cv	Rm	Cv	Rm	Cv	Rm	Cv	Rm	Cv	Rm
Sept	10:30	х		х			х		Х		Х		Х				
12																	
Sept.	2:00					Х		х			х		х		х		Х
13																	
Sept.	6:10pm		Х		х					х		Х			х		Х
14																	
			Х		х		х		Х					х		х	
		Х		х			х		х		х		х				

Cv = COVID Attendant Rm = Dressing Room Attendant

If you can not make it as a volunteer you should offer your spot to one who is not scheduled to attend.

If you are a designated COVID – 19 screener you must find a replacement if you can not attend.

Given this is a unique time, being a volunteer for your team to manage COVID -19 protocol does NOT qualify for any volunteer hours. This is part of being on a team during the COVID -19 pandemic so our kids can play hockey in a safe environment.

Coaches Certifications etc.:

We have some coaches whose certifications will run out this season and there are no courses listed on the OWHA website. Are expired certifications being extended for this season?

Details on coach certification requirements will be posted on the OWHA web site when info is ready.

<u>Plan as Hockey Canada & OWHA Return to Play Moves</u> <u>through the stages:</u>

- No Tryouts until we are given the go ahead to move to Hockey Canada Stage 4 (5 on 5 Hockey)
- No Permissions to Skate for 2019-2020 as mandated by OWHA
- OWHA rules apply to women's hockey Only and may differ from the OHF rules which apply to MTMHA (co-ed hockey) We must follow OWHA rules.
- The season will begin with squads which were decided by the Hockey Committee. OWHA mandated we do it this way. Each Squad is considered a Group.
- Likely in a 2 to 4 weeks OWHA will come out with rules for 3 on 3 & 4 on 4 modified game play.
 Once OWHA gives the go-ahead, Groups can join an extended group which will likely consist of up to 50 players. These extended groups are planned to be with neighboring associations groups of the same skill level.
- Each player is allowed to be part of 1 group and 1 extended group.
- If we move to Hockey Canada's Stage 4, Coach's will be evaluated and appointed to teams. Tryouts will be held with in the association at that time.
- Players can not tryout for multiple associations this year as mandated by the OWHA.